

# 2026 Health Equity Plan

## Sutter Center for Psychiatry

### Overview

At Sutter Health, we believe that every person deserves compassionate, high-quality care—no matter who they are. We are committed to addressing gaps by ensuring that patients receive the care, support, and resources they need to live a healthier life.

We recognize that factors like race, ethnicity, age, income, language, disability status, sexual orientation, gender identity, and access to services can influence health outcomes. That's why we work every day to remove barriers to care, listen to our patients' unique needs, and provide support to achieve better health.

As a national leader in healthcare quality, Sutter Health participates in the Hospital Equity Reporting Program developed and administered by California's Department of Health Care Access and Information (HCAI). This annual reporting initiative—guided by the Hospital Equity Measures Advisory Committee—requires hospitals to publicly share data on patient access, quality and outcomes across key demographic dimensions. It also includes a plan to prioritize and address identified gaps.

This strategic plan identifies the top 10 differences in health outcomes between patient groups and explains how the hospital will address those gaps. For each difference, the hospital must show which group is affected, which group is doing best, how big the gap is, and what actions will be taken to help improve outcomes.

Whether it's through linguistically and contextually appropriate care, community partnerships, or personalized health resources, we strive to create an environment where patients receive optimal care for their condition.

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**Measure:** Alcohol and Other Drug Use Disorder Treatment Provided or Offered at Discharge

### Description of Interventions:

All patients who indicate an alcohol or other drug use disorder are offered counseling with a chemical dependency counselor during their admission. Our chemical dependency counselor may also provide information and resources to external chemical dependency counseling as needed. In addition, all

patients are scheduled with an Alcoholics Anonymous or Narcotics Anonymous appointment at the time of discharge so that counseling may be continued once the patient is discharged. This information is provided in the after-visit summary. If appropriate, patients may also be prescribed alcohol or chemical dependency medication at the time of discharge.

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**Measure:** Screening for metabolic disorders

**Description of Interventions:**

All patients who are currently taking or are newly prescribed one or more antipsychotic medications undergo a comprehensive metabolic screening upon admission. This screening verifies that the medications are not causing weight gain or metabolic syndrome, which includes higher glucose, triglycerides, and cholesterol levels. Medications may be altered based on lab results to reduce the risk of adverse side effects.

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